
Hi-Life Restaurant CATERING

Hi-Life has been one of New York's most loved neighborhood restaurants since 1991. Hi-Life Catering brings our passion for customer satisfaction and our unique combination of **COMFORT FOOD, MENU CREATIVITY** and, of course, **GREAT PRICES!** to your office, home or any NYC location.

FREE DELIVERY & SET-UP

BREAKFAST

*

HOT & COLD LUNCHEON

*

DINNER BUFFET

*

HORS D'OEUVRES

*

SUSHI & SASHIMI

*

DESSERTS

*

BEVERAGES

**“Hi-Life” Delivers Neighborhood
Restaurant Favorites
To Your Office or Workplace**

Phone: 212-628-5433 Website: www.hi-life.com

BREAKFAST:

Our restaurant and catering staff works 24/7 to deliver New Yorkers great food, when and where they want it, so it is never too early for us to deliver your breakfast order. Priced Per Person, 12 person minimum.

Bagel Heaven

An assortment of freshly baked Bagels (or mini-bagels) with butter and cream cheese. **\$3.85**

Hi-Life Breakfast Basket

An assortment of freshly baked Muffins, Bagels, Pastries and Danish. Served with an assortment of cream cheeses and fresh preserves. **\$4.85**

Hi-Life Breakfast Basket w/Seasonal Fruit Salad

An assortment of freshly baked Muffins, Bagels, Pastries and Danish. Served with a seasonal Fruit Salad, and an assortment of cream cheeses and fresh preserves. **\$8.45**

Continental Breakfast

An assortment of freshly baked Muffins, Bagels, Pastries and Danish, Hard-boiled Eggs, Imported Cheese wedges and Melon & Berry Salad. Served with an assortment of cream cheeses and fresh preserves. **\$9.85**

Yogurt Parfait

Individual Yogurt Parfaits with Granola and fresh berries **\$5.45**

Smoked Salmon & Bagel Platter

Nova Scotia Smoked Salmon garnished with plum tomatoes, red onions, capers and served with an assortment of freshly baked Bagels and cream cheese. **\$11.85**

Vegetable Quiche

Housemade with assorted cheeses and seasonal vegetables **\$7.85**

Hot Breakfast Buffet

With Scrambled Eggs, Sausage, Bacon, Homefries, Biscuits, Fresh Fruit, and more. **Price On Request**

BREAKFAST: Beverages

Priced Per Person, 12 person minimum.

Fresh Squeezed Juice

Orange or Grapefruit **\$2.20**

All-World Coffee Service

Fresh Brewed Coffee and Decaffeinated Coffee. Select from: Columbian, Indonesian, Jamaican Blue Mountain, Ethiopian or French Roast *(For groups of 8-12, we will deliver Air-pots of hot coffee. For larger groups we will set-up Coffee Urns.)* **\$1.95/2.45**

Tea Service

Assorted Teas: Earl Grey, Green Tea, Mandarin Orange Spice, Peppermint, Jasmine, Lipton **\$1.85**

COLD LUNCH – Prix-Fixe Combinations

Priced Per Person, 12 person minimum.

The “Westsider”

Assorted Baguette Sandwiches (you select up to 3), Mixed Green Salad, Brownies and Cookies **\$14.85**

The “Eastsider”

Assorted Baguette Sandwiches (you select up to 3), Mixed Green Salad, Pasta Salad, Brownies and Cookies **\$17.85**

The “Tribeca”

Assorted Baguette Sandwiches (you select up to 4), any Big Bowl Entrée Salad, Sliced Fruit Platter, Brownies and Cookies **\$19.85**

The “Park Slope” Soup & Salad

Your Choice of any Big Bowl Entrée Salad, Big-Bowl Soup Urn (Hot or chilled Soup), Sliced Fruit Platter, Brownies and Cookies **\$14.85**

BAGUETTE SANDWICHES

Select an assortment of up to 3. 12 person minimum.

Smoked Turkey and Cheddar

With Red Leaf lettuce, Cole Slaw and Russian Dressing **\$9.85**

Goat Cheese, Black Olives & Roasted Red Peppers

With Arugula and Virgin Olive Oil and Fresh Herbs **\$9.85**

Smoked Turkey and Brie

With Boston Lettuce and Honey Mustard **\$9.85**

Tomato & Mozzarella

With Basil and Basil Pesto **\$9.85**

Roast Beef & Swiss Cheese

With Pickled Onions and Horseradish Mayo **\$9.85**

Black Forest Ham & Gruyere

With Sliced Dill Pickles and Dijon Mustard **\$9.85**

Tomato, Mozzarella & Prociutto

With Basil and Basil Pesto **\$9.85**

Tuna Salad & Avocado

With Sliced Cucumbers and Bean Sprouts **\$9.85**

Grilled Chicken Breast

With Roasted Red Peppers, Boston Lettuce and Lemon/Dill Mayo **\$9.85**

The Italian Stallion

Hard Salami, Prociutto, Provolone, Roasted Red Peppers and Iceberg Lettuce with an Italian Vinaigrette Dressing **\$9.85**

The French Deli

Smoked Salmon, Cream Cheese, a Squeeze of Lemon and Fresh Dill on a French Baguette. **\$9.85**

“SIDE” SALADS & SOUPS

Priced Per Person.

Mesclun Greens

With choice of Balsamic Vinaigrette, Ginger Citrus or Blue Cheese Dressing **\$3.85**

Garden Salad

Mixed Greens with Cherry Tomatoes, Julienned Carrots and Red Radish **\$4.20**
(With choice of Balsamic Vinaigrette, Ginger Citrus or Blue Cheese Dressing.)

Tomato & Avocado Salad

With an Dijon & Herb Vinaigrette **\$6.85**

Tomato, Mozzarella & Basil Salad

With a Balsamic/Rice Wine Vinaigrette **\$7.45**

Caesar Salad

With Garlic/Herb Croutons and Shaved Parmesan **\$5.45**

Pasta Salad

Pasta Shells, Cherry Tomatoes, Fresh Mozzarella, Black Olives & Basil **\$6.85**

Seasonal Fruit Salad

Sliced seasonal fruit **\$5.85**

Assorted Soups

For Hot Soups Select: Carrot/Ginger, Chicken Noodle, Cuban Black Bean, French Onion, Thai-Chicken, Roasted Tomato Basil, Avocado Cream, Split Pea
(Hot Soups Served in Big Bowl Soup Urns.) **\$5.45**

For Chilled Soups Select: Gazpacho, Cucumber Dill, Vichyssoise (Chilled Potato Soup) **\$4.95**

ENTRÉE “BIG BOWL” SALADS

Priced Per Person. 12 person minimum.

(With choice of Balsamic Vinaigrette, Ginger Citrus or Blue Cheese Dressing.)

Grilled Chicken & Citrus Salad

With Sliced Grilled Chicken, Citrus & Strawberry Slices,
Red Onion, Walnuts & Mixed Greens **\$9.85**

Chopped California Cobb Salad

With Chicken Breast, Bacon, Blue Cheese, Cherry Tomatoes,
Avocado and Hard-Boiled Egg **\$9.85**

Crispy Crunchy Veggie Salad

With Chopped Cucumbers, Carrots, Celery, Heart of Palm, Chick Peas, Radish,
Croutons over Romaine Lettuce **\$9.45**

Hi-Life Salad

With Artichoke Hearts, New Potatoes, Julienned Swiss & Cheddar Cheese. Red & Green Peppers, Black Olives, Bermuda Onion, Hard-boiled Egg over Mixed Greens **\$9.85**

Grilled Chicken Caesar Salad

With Grilled Breast and Garlic Herb Croutons. **\$9.85**

Et Tu Brutus

The traditional Caesar has been betrayed ... with the delicious addition of Nicoise Olives, Heart of Palm, Cherry Tomatoes and **Blackened Shrimp** **\$13.85**

Pasta Salad

Pasta Shells, Cherry Tomatoes, Fresh Mozzarella, Black Olives & Basil **\$8.85**

HOT “BIG PLATE” ENTREES

Priced Per Person. 15 person minimum.

Delivered Hot and with Chafing Dishes. Hi-Life will set-up and pick-up all non-disposable equipment without charge. (There will be an additional charge for staffing to oversee and serve if desired.)

Lemon Chicken

Sautéed Boneless Breast with a White Wine and Lemon Sauce. **\$17.85**
(Served with you choice of two sides.)

Stuffed Chicken Breast w/Asparagus & Fontina Cheese

Lightly sautéed Boneless Breast wraps Asparagus, Fontina and Sundried Tomatoes. **\$18.85**
(Served with you choice of two sides.)

Thai Curried Chicken

With Boneless Breast, Eggplant & Bell Peppers. **\$15.45**
(Served with Brown Rice or Jasmine Rice.)

Buttermilk Southern Fried Chicken

Crispy Fried Chicken. **\$15.85**
(Legs and Wings only are optional.)
(Served with you choice of two sides.)

Sliced Filet of Sirloin

Marinated Sirloin with Soy & Ginger **\$20.85**
(Served with you choice of two sides.)

Old-Fashioned Meatloaf

Traditional Recipe with Marinara Sauce. **\$16.95**
(Served with you choice of two sides.)

Broiled California King Salmon

With Ginger, Garlic, Lemon and White Wine. **\$18.45**
(Served with Brown Rice or Jasmine Rice.)

Grilled Teriyaki Salmon

Basted with a Ginger, Soy and Sesame reduction. **\$18.45**
(Served with you choice of two sides.)

Maryland Crab Cakes

With a Roasted Tomato Vinaigrette and Lemon Aioli. **\$17.85**
(Served with your choice of two sides.)

Oriental Vegetable Stir-Fry w/Grilled Chicken

With Assorted Seasonal Vegetables. **\$16.85**
(Served with Brown Rice or Jasmine Rice.)

Chinatown Ribs

Succulent Beef Ribs with a Sweet & Sour Glaze. **\$17.85**
(Served with your choice of two sides.)

Hi-Life “Burger-Bar”

Flame-grilled Sirloin Burgers (or Turkey Burgers) served with “Deluxe” Toppings, Dill Pickles and Fresh Baked Hard Rolls **\$12.45**
(Served with Gourmet Roasted Potato Chips.)

Hot “Big Plate” Entrees Cont’d

Penne Pasta with Grilled Chicken

With Broccoli, Peas, Sun-dried Tomatoes and a Light Tomato Cream Sauce. **\$17.45**
(Served with Garden Salad.)

Pasta Primavera

With Broccoli, Carrots, Zucchini, Peas and Sun-dried Tomatoes. **\$16.45**
Select: Virgin Olive Oil & Garlic Sauce or Plum Tomato Sauce.
(Served with Garden Salad.)

Pad Thai Noodles (w/Grilled Chicken Optional)

Rice noodles, egg, bean sprouts, scallions & Thai seasonings. Topped with ground peanuts. **\$16.45/\$17.95**
(Served with Garden Salad.)

Spaghetti with Turkey Meatballs

With a Plum Tomato and Basil Sauce. **\$17.95**
(Served with Garden Salad.)

Roasted Vegetable Lasagna

With Assorted Garden Vegetables and a Béchamel Cream Sauce. **\$17.45**
(Served with Garden Salad.)

Penne Pasta “Puttanesca”

With Plum Tomatoes, Black Olives, Garlic, Capers & Basil. **\$16.45**
(Served with Garden Salad.)

Mac & Cheese

With Cheddar, Fontina, Mozzarella and Parmesan. **\$15.45**
(Served with Garden Salad.)

HOT “SIDES”

Priced Per Person.

Housemade Mashed Potatoes **\$3.85**

Garlic & Rosemary Roasted New Potatoes **\$3.85**

Jasmine Rice **\$3.45**

Brown Rice **\$3.45**

Oriental Vegetable Stir-fry **\$5.85**

Steamed Vegetables **\$3.85**

Carrot & Dill **\$3.85**

Creamed Spinach **\$4.45**

Cold: Hors D'oeuvres & Small Plates

Priced Per Person. 12 person minimum.

Vegetable Crudités Platter

With assorted seasonal vegetables. **\$3.85**

(Served with your choice of two Housemade Dips: Green Goddess, Blue Cheese, Ranch, Thousand Island.)

Guacamole & Chips

Served with Pico De Gallo and Housemade Crispy Corn Tortilla Chips. **\$8.45**

European Vacation Cheese Platter

An adventurous assortment of Imported Cheeses, Crackers and sliced French Baguettes. **\$8.85**

Maki (Sushi Rolls) Combinations

Select up to three Rolls (Hi-Life Roll, California Roll, Veggie Roll, Spicy Tuna, Salmon & Avocado Roll, Salmon & Cucumber Roll, Yellowtail & Scallion Roll, Philadelphia Roll, Eel & Avocado Roll.) **\$9.45**

Sushi & Sashimi Combinations

Available on request.

Hot: Hors D'oeuvres & Small Plates

Priced Per Person. 15 person minimum.

Delivered Hot and with Chafing Dish. Hi-Life will set-up and pick-up all non-disposable equipment without charge. (There will be an additional charge for staffing to oversee and serve if desired.)

Grilled Sesame Chicken Skewers

Boneless Breast with a tangy barbeque sauce. **\$7.85**

Moroccan Lamb Kebabs

With a spicy Harissa sauce. **\$7.85**

Crab Cake Loli-Pops

With a Lemon Aioli. **\$8.45**

Pigs-In-A-Blanket

With mild and spicy mustard **\$7.85**

Chinatown Ribs

Succulent Beef Ribs with a Sweet & Sour Glaze. **\$9.85**

Spicy Hi-Life Wings

With Chopped Carrots, Celery and Blue Cheese Dip. **\$9.45**

Shrimp Cocktail

With horseradish sauce. **\$11.95**

Desserts

Cookie Platter

Assortment of Chocolate Chip, Oatmeal Raisin and Butter Cookies **\$3.95 per person**

Fudge Brownies \$4.25 per person

Seasonal Fruit Salad \$5.85 per person

Cupcakes \$4.25 per person

Assorted Dessert Bars

Lemon Crumb, Toffee Crunch Blondie, Rockslide Brownie, Oatmeal Cranberry Mountains, Carrot Cake Bar, Chewy Marshmallow Bar, Raspberry Shortbread (Select 3) **\$4.85 per person**

Whole Cakes and Pies: 10" and 12" Round, and Sheet Pans

Baked to order. Entire list and prices on request

Beverages

Soft Drinks

Pepsi, Diet Pepsi, Sierra Mist, Ginger Ale **\$1.75 each**

Water

Assorted Saratoga Springs Still Water and Peligrino (1/2 litres) **\$2.45 per person**

Fresh Squeezed Juice

Orange or Grapefruit **\$2.20**

All-World Coffee Service

Fresh Brewed Coffee and Decaffeinated Coffee. Select from: Columbian, Indonesian, Jamaican Blue Mountain, Ethiopian or French Roast *(For groups of 8-12, we will deliver Air-pots of hot coffee. For larger groups we will set-up Coffee Urns.)* **\$1.95/2.45**

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